HAVENLY

†

Sarah's Book of Prayer

Begun October 2026 · 9 pages

"Pray without ceasing."
1 THESSALONIANS 5:17

Contents

I **Daily Liturgies** *2 pages*
The liturgies and evening examines you saved

II **Prayer Requests** *2 pages*
What you're praying for right now

III **Answered Prayers** *2 pages*
A record of how God has answered

IV **Scripture I've Kept** *1 page*
Verses you saved, and Scripture for hard moments

V **Encouragements & Studies** *1 page*
Words and Bible studies you saved from Today

VI **Your Week with God** *1 page*
What you prayed each week, and what God was saying

I

Daily Liturgies

The liturgies and evening examines you saved

TUESDAY

November 3, 2026

MORNING LITURGY

A Morning Liturgy

Lamentations 3:22-23

Your mercies are new this morning, Lord, and I need them. I bring You the patient I couldn't stop thinking about last night, and the conversation I keep replaying. Teach me to leave at Your feet what I cannot carry home. Make me gentle with others, and gentle with myself. Amen.

TUESDAY

November 10, 2026

MORNING LITURGY

A Morning Liturgy

Psalm 46:1

Lord, before the alarms and the charts and the call lights, I come to You. You are my refuge and strength, a very present help. Go before me onto the unit today. Steady my hands, slow my words, and let every patient I touch feel a little of Your kindness. When I am tired, be my strength. When I am rushed, be my peace. I give You this shift, and I give You my heart. Amen.

II

Prayer Requests

What you're praying for right now

For Jess and the kids

Praying since November 3

Lord, surround my sister with friends who show up. Give her sleep, and let the kids feel safe and loved this season.

Amen.

For Mom's recovery

Praying since October 22

Father, hold Mom in Your hands through every appointment. Give her doctors wisdom and give her rest. And give me patience to be with her well.

Amen.

III

Answered Prayers

A record of how God has answered

For Dad's scan

Answered October 31, 2026 · prayed 19 days

The scan came back clear. I cried in the parking lot. You were with us the whole time.

For my new job

Answered October 2, 2026 · prayed 30 days

I prayed for a place where I could care for people well, and You opened the door to the oncology unit. Thank You for a team that feels like family.

IV

Scripture I've Kept

Verses you saved, and Scripture for hard moments

WEDNESDAY

November 4, 2026

VERSE OF THE DAY

The Lord Is My Refuge

Psalm 46:1-3

God is our refuge and strength, a very present help in trouble. Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea, though its waters roar and foam, though the mountains tremble at its swelling.

V

Encouragements & Studies

Words and Bible studies you saved from Today

MONDAY

November 9, 2026

ENCOURAGEMENT

You Don't Walk Into Room 12 Alone

Joshua 1:9

Sarah, when God told Joshua to be strong and courageous, He wasn't asking him to feel brave. He was telling him who would be standing beside him.

You walk into hard rooms every day: frightened families, bad news, long nights. Today's verse doesn't promise the rooms will be easy. It promises **you won't be the only one in them**.

> *Today, before you open a door, pause for one breath and remember: He is already inside.*

VI

Your Week with God

What you prayed each week, and what God was saying

SUNDAY

November 8, 2026

Your Week with God · Week of November 2

Faithful God, this week I brought You my mother's recovery, my sister's long nights, and my own tiredness. You kept meeting me in Joshua 1:9 and in Lamentations 3: courage that isn't mine, and mercy that starts over every morning. Teach me to walk into each room knowing You are already there. Through Jesus Christ our Lord.

Amen.